Architectural & Engineering Design in Hot & Humid Climates



Indoor Mold and the Building Envelope Affects On Indoor Air Quality *Charleston, SC*

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The ASHRAE Guide for Buildings in Hot & Humid Climates

Second Edition

Expanded with New Content

Lewis G. Harriman III Joseph W. Lstiburek



American Society of Heating, Refrigerating and Air-Conditioning Engineers, Inc.

Designing Buildings

When we build let us think we build forever. Let it not be for present delight nor for present use alone. Let it be such work that our descendants will thank us for, and let us think, as we lay stone upon stone, that a time is to come when these stones will be held sacred because our hands have touched them, and that men will say, as they look upon the labor and wrought substance of them, "See! This our fathers did for us."

John Ruskin (1819 - 1900)

Indoor Environmental Quality and Indoor Air Quality

Indoor Environmental Quality

Indoor environmental quality (IEQ) refers to the quality of a building's environment in relation to the <u>health</u> and wellbeing of those who occupy space within it. IEQ is determined by many factors, including lighting, air quality, and damp conditions.

Indoor Air Quality - EPA

EPA definition: "a term referring to the air quality within and around buildings and structures, especially as it relates to the health and comfort of building occupants."

Indoor Air Quality - ASHRAE

ASHRAE definition: "air in which there are no known contaminants at harmful concentrations as determined by cognizant authorities and with which a substantial majority [80 percent or more] of the people exposed do not express dissatisfaction."

History

- Tighter building construction
- Building materials and techniques have changed
- Technology produces indoor pollutants
- Technology and people have moved indoors together
- People spend up to 90% of their time indoors

Health

- Health standards are typically set for Occupational work settings, such as TLV's for an 8 hour work day. Reference EPA, OSHA, NIOSH, etc.
- Office vs. Occupational work settings
 - Contaminant source different
 - Extremely low contaminant levels

Comfort

Non-IAQ-Related

- Lack of Control over
 - Work
 - Environment
- Noise
- Lighting
- IAQ-Related
 - Temperature
 - Humidity
 - Odors
 - Mold

Mold Growth in Buildings

Mold Growth



Mold Growth

- Enzymes on mold spore combine with surface moisture to dissolve food source... paper, wood, ceiling tile
- Osmotic pressure causes liquid nutrients to diffuse across spore wall allowing spore to absorb the nutrients
- Spore germinates producing filamentous hyphea
- Hyphea grows quickly creating mycelium mat
- Mold grows conidia which generates and releases spores into the air

mVOCs

Product of metabolism

- Substrate
- Environmental conditions
- Changes with growth cycle
- **Odorous**

Small concentration when compared to total building VOC load

Mycotoxins

Secondary metabolites

- Particle association
 - Spores
 - Mycelial fragments
 - Substrate
- Concurrent production of multiple toxins
- Competition inhibition

Production of Mycotoxins

- Fungal Species
- Strain dependent
- Environmental conditions
 - Substrate
 - Temperature
- Concurrent production of several toxins
- Growth does not signify presence



Water Activity

- Water activity indicates how much water is biologically available to fungus in its food source.
- Water activity of 0.8 refers to the amount of water absorbed into a material when the surrounding air is at 80% RH
- Water activity of a material is very different from the relative humidity of the material
- Mold growth is a risk when surface relative humidity stays above 85% for extended periods

Moisture Content and Surface Relative Humidity



Uncontrolled air flow

Buildings which have never reported relative humidity above 65% still may have mold growth



Mold - It's the surface rh that counts.. So keep the dew point down, and things go well



Building Envelopes

Drainage

 Drainage plane
Drains water away from building
Drainage is the key to water management



Application

- Install drainage plane so that water is not trapped
- Overlap building in "ship lap" fashion
- Drain water to flashing which directs water away from building



Application

 Provide air space between finish (cladding, stucco, etc) and drainage to drain water



Application The Perfect Wall

In concept, the perfect wall has the rainwater control layer, the air control layer and the vapor control layer all under the cladding, but all directly on the exterior of the structure. The cladding's functions include shedding rain, but it's principal purpose is to protect the control layers from ultraviolet radiation.



The Perfect Wall



Perfect Wall – Slab - Roof



The Perfect Roof



The Perfect Slab











Application – Roof Wall Connection

Notice the control layer for rain on the roof is connected to the control layer for rain on the walls. And the control layer for air is connected to the control layer for air on the wall, and so on.



Control layers in the wall...

Heat & Moisture Gain Effects at Building Corners

Increased wind velocity at corners contributes to increased heat loss.


The Perfect Building



The Perfect Building



Enclosure Design: Details

- Details demand the same approach as the enclosure.
- Scaled drawings required at each circle



Envelope Applications

Application Institutional Wall

The best wall we build today. It works everywhere, in every climate zone. It costs more, but then, it's sustainable. It will pass from generation to generation.



- Cladding: brick, stone or precast veneer Keeps rain out of the wall
- Drainage cavity Keeps inward water leakage from soaking control layers
- Exterior rigid insulation
 Keeps heat out of the building
 - **Continuous waterproof drainage layer** Membrane, or trowel-applied, or spray-applied This is the water barrier, the air barrier, and the vapor-retarder
 - Concrete block The structure, and useful interior thermal mass
 - Hurring Metal channel or wood - to attach and support interior gypsum board
- Gypsum board Installed with a gap at the bottom of the wall, filled with fire sealant.
- Porous, highly-permeable interior wall finish Latex paint, textured finish or other (Greater than 15 perm)

Wall dries both inward and outward, from the waterproof layer





Latex paint	
Precast concrete —	
Spray-applied low density or high density ——— foam insulation	
Uninsulated steel or wood stud cavity —	
Gypsum wall board (GWB) ————————————————————————————————————	
Latex paint or vapor semi- permeable textured wall fiinish	
V	l I /apor Profile

Latex paint	
Precast concrete	
Rigid insulation (vapor semi- permeable) — unfaced extruded polystyrene, unfaced expanded polystyrene, fiber-faced isocyanurate	
Metal channel or wood furring	
Gypsum wall board (GWB) ———————————	
Latex paint or vapor semi- permeable textured wall fiinish	
	Vapor Profile

Latex paint	
Precast concrete	
Insulated steel or wood stud cavity —	
Cavity insulation (unfaced fiberglass — batts, spray-applied cellulose or spray-applied low density foam)	
Gypsum wall board (GWB)	
Latex paint or vapor semi- permeable textured wall fiinish	
	Vapor Profile

Application Commercial Wall

The almost-best wall we construct today. It's affordable. Actually, it's the cheapest wall that works, and it works in any climate zone.











Thermal Bridge in Wall



Thermal Bridge at Wall / Floor Intersection



Thermal bridge at wall/floor intersection.

Thermal Bridge at Wall / Floor Intersection



Thermal Bridge



Thermal Bridge



Moisture Intrusion



Water

management for exterior windows requires proper placement of window flashing strips and drainage plane



Water

management for exterior windows requires proper placement of window flashing strips and drainage plane Note placement of drainage plane under window







Air, Vapor and Water Barrier – Peel & Stick



Air, Vapor and Water Barrier – Fluid Applied



Building Enclosure Design



Enclosure Detail Design







Current Construction







Master Builder and Contemporary Builder



Overhangs and Sills



Window Shading

Building Envelope Commissioning
Building Envelope Commissioning BECx



NIBS Guideline 3-2006

Exterior Enclosure Technical Requirements For the Commissioning Process

> This Guideline is for Use with ASHRAE Guideline 0-2005: The Commissioning Process



WK26027 - New Practice for Enclosure Commissioning

Building Envelope Commissioning BECx



BECx Pre-Design

- BECxA Selection
 - Qualified
 - Independent, 3rd Party
- OPR
 - Moisture
 - Vapor
 - Thermal
 - Air
 - Other (Acoustic/Fire/Blast/ Structural)
- Scope and Budget
- BECx Plan



BECx Design



- Hygrothermal Modeling/Simulation
- Construction Document Review
 - OPR/BOD
 - Performance
 - Constructability
- Design Meetings
- BECx Specification

- Functional Performance Test Specification



BECx Pre-Construction

- Submittal/Shop Drawings Review
- Pre-Con Meetings
- Sequencing
- Mockup Functional Performance Test





Pre-

Con

BECx Construction Constr.

- Quality Assurance Observations Ensure Construction meets:
 - OPR/BOD
 - Construction Documents
 - Manufacturer's Installation Requirements
 - Industry Standard of Care
- Site Meetings
- Checklists

Project Name:				
Description:	Compliant	Non- Compliant	Comments:	
Specified products are installed in accordance with manufacturer's written instructions				
Roofing materials are stored in accordance with manufacturer's recommendations				
Substrates and conditions under which ice & water shield are to be installed are dry, free				
Ice & water shield lapped over flashing per contract documents				
Modified bitumen laps per contract documents				
Cant strip installed at horizontal/vertical instersections per contract documents				
Lap joints are sealed in accordance with contract documents				
Flashing is installed in accordance with contract documents				
Nails and fasteners are of length, shank, head, and coating as required				

BECx Testing



- Fenestration Testing
 - ASTM E1105 / E783 Water and Air Testing
 - AAMA 501.2 Water Leakage Testing
- Air Barrier Testing
 - ASTM E779 Whole Building Air Leakage (Quantitative)
 - ASTM E1186 Air Leakage Site Detection (Qualitative)
- Thermal Barrier Testing
 - ASTM C1060 Infrared Thermography
- Other
 - Roof Uplift (FM Global 1-52)
 - Adhesion

Fenestration / Moisture Barrier Testing

ASTM E1105: Standard Test Method for Field Determination of Water Penetration of Installed Exterior Windows, Curtain Walls and Doors by Uniform or Cyclic Static Air Pressure Difference



Fenestration / Moisture Barrier Testing

- AAMA 501.2 Testing: Quality Assurance and Diagnostic Water Leakage Field Check of Installed Storefronts, Curtain Walls, and Slope Glazing Systems
- Implement field testing regimen throughout construction process (example: 25%, 50%, 75%)

and 100%)







Field Assembly Air Tightness Testing

ASTM E783: Standard Test Method for Field Measurement of Air Leakage Through Installed Exterior Windows and Doors





Whole Building Air Tightness Test

ASTM E779: Standard Test Method for Determining Air Leakage Rate by Fan Pressurization

ASTM E1827: Standard Test Methods for Determining Air tightness of Buildings Using an Orifice Blower Door



Whole Building Air Barrier Testing



Whole Building Air Barrier Testing



Description	Air Leakage (CFM/ft² at 75-Pa)	Percent <i>above</i> Max Allowable (0.25 CFM/ft ² at 75-Pa) OR PASS			
Description	(CINVIC at 75-14)	1100			
Pressurization	0.12	PASS			
Depressurization	0.10	PASS			
Average	0.11	PASS			
Figure 1 – Air Tightness Testing Results					

Expansion Joints & Dissimilar Interfaces



Roof Transitions/Rise Wall Expansion Joints



Beam Pockets



Air contaminant size



□ASHRAE Standard 52.1

Measures arrestance, dust spot efficiency and dust holding capacity. *Arrestance* means a filter's ability to capture a mass fraction of coarse test dust and is suited for describing low 7 medium efficiency filters. Be aware that arrestance values may be high even for low efficiency filters and do not adequately indicate the effectiveness of certain filters for CBR protection. *Dust spot efficiency* measures a filters ability to remove large particles, those that tend to soil building interiors. *Dust holding capacity* is a measure of the total amount of a dust a filter is able to hold during a dust loading test.

ASHRAE Standard 52.2

Measures particle size efficiency (PSE). This newer standard is a more descriptive test which quantifies filtration efficiency in different particle size ranges for a clean and incrementally loaded filter to provide a composite efficiency value. It gives a better determination of a filter's effectiveness to capture solid particles as opposed to liquid aerosols. This standard rates particle size efficiency results as a MERV between 1 & 20. A higher MERV indicates a more efficient filter. Also this standard rates a minimum PSE in three size ranges for each of the **MERV** numbers.

ASHRAE 52.2			ASHRAE 52.1		Dortiolo		
Particle size range			Test		size		
MERV	3 to 10 µm	1 to 3 µm	.3 to 1 µm	Arrestance	Dust spot	range, µm	Applications
1	<20%		—	<65%	<20%		residential
2	<20%			65-70%	<20%	>10	light
3	<20%		_	70-75%	<20%	210	pollen, dust mites
4	<20%	—	_	>75%	<20%		
5	20-35%		_	80-85%	<20%		industrial, dust, molds, spores
6	35-50%	—	—	>90%	<20%	3 0-10	
7	50-70%		_	>90%	20-25%	3.0-10	
8	>70%	_		>95%	25-30%		
9	>85%	<50%		>95%	40-45%		industrial, Legionella, dust
10	>85%	50-65%	_	>95%	50-55%	1030	
11	>85%	65-80%		>98%	60-65%	1.0-3.0	
12	>90%	>80%		>98%	70-75%		
13	>90%	>90%	<75%	>98%	80-90%		hospitals, smoke removal, bacteria
14	>90%	>90%	75-85%	>98%	90-95%	0210	
15	>90%	>90%	85-95%	>98%	~95%	0.3-1.0	
16	>95%	>95%	>95%	>98%	>95%		
17			≥99.97%				clean rooms
18			≥99.99%			~0.3	surgery,
19			≥99.999%			<0.5	chem-bio, viruses
20			≥99.9999%				

Table 3. Application of activated carbon impregnates [CBIAC 2001]

Impregnate	Chemical contaminant
Copper/silver salts	Phosgene, chlorine, arsine
Iron oxide	Hydrogen sulfide, mercaptans
Manganese IV oxide	Aldehydes
Phosphoric acid	Ammonia
Potassium carbonate	Acid gases, carbon disulfide
Potassium iodide	Hydrogen sulfide, phosphine, mercury, arsine, radioactive methyl iodide
Potassium permanganate	Hydrogen sulfide
Silver	Arsine, phosphine
Sulfur	Mercury
Sulfuric acid	Ammonia, amine, mercury
Triethylenediamine (TEDA)	Radioactive methyl iodide
Zinc oxide	Hydrogen cyanide

□ ASHRAE Standard 52.2

Measures particle size efficiency (PSE). This newer standard is a more descriptive test which quantifies filtration efficiency in different particle size ranges for a clean and incrementally loaded filter to provide a composite efficiency value. It gives a better determination of a filter's effectiveness to capture solid particles as opposed to liquid aerosols. This standard rates particle size efficiency results as a MERV between 1 & 20. A higher MERV indicates a more efficient filter. Also this standard rates a minimum PSE in three size ranges for each of the **MERV** numbers.

ASHRAE Std 52.2

Method of
Testing General
Ventilation Air
Cleaning Devices
for Removal
Efficiency by
Particle Size



Building Pressurization

Air Barrier

An air barrier is defined by the Air Barrier Association of America (ABAA) as an assembly to "control the unintended movement of air into and out of a building enclosure."

Infiltration & Exfiltration

- ASHRAE Fundamentals Chapter 16 & 26
 - Wind pressure, stack pressure and HVAC pressure
 - Air leakage rates
 - ASHRAE Std 180 requires 0.40 cfm/sq ft @ 75 pascals (0.30 in-wg)
 - ASHRAE Std 90.1 addendum will require 0.40 cfm/sq ft @ 75 pascals (0.30 in-wg)
 - ASTM E 779
 - US LEED 1.25 in² EfLA @ 4 Pa / 100 ft²

Velocity Pressure on Envelope



Benefits of an air-tightness standard

- Reduced building heating and cooling costs
- Reduced building enclosure moisture problems
- Improved indoor air quality
- Improved acoustical isolation
- Isolates the indoor environment
- Sustainable, durable buildings

Air Tightness Standards

			cfm/ ft² [L/s*m²] at 75Pa	
US	ASHRAE	0.40 cfm/ ft ² at 75Pa	0.40/2.00	4
UK	TS-1Commercial Best Practice	5 m ³ /h/m ² at 50 Pa	0.36/1.82	
US	LEED	1.25 in ² EfLA @ 4 Pa / 100 ft ²	0.30/1.52	Leakier
US	ASHRAE HOF Average	0.30 cfm/ ft ² at 75Pa	0.30/1.52	
UK	TS-1Commercial Tight	2 m ³ /h/m ² at 50 Pa	0.14/0.71	
CAN	R-2000	1 in² EqLA @10 Pa /100 ft²	0.13/0.66	Tighter
US	ASHRAE HOF Tight	0.10 cfm/ ft ² at 75Pa	0.10/0.51	
For a 4 st	tory building, 120 x 110 ft, n=0.65			

Requirements for an Air Barrier System

- It must be continuous, with all joints made tight.
- The materials shall have an air permeability not to exceed 0.004 cfm/sf under a pressure differential of 0.3 in. of water. (Or 0.02 L/s/m2 @ 75 Pa)
- It shall be capable of withstanding positive and negative combined design, wind, fan and stack pressures on the envelope without damage or displacement, and shall transfer the load to the structure. It shall not displace adjacent materials under full load.

Requirements for an Air Barrier System

- It shall be durable or maintainable
- The air barrier shall be joined in an airtight and flexible manner to the air barrier of adjacent systems, allowing for the relative movement of systems due to thermal and moisture variations and creep. Connections shall be made between:
 - a) Foundations and walls
 - b) Walls and windows or doors
 - c) Different wall systems
 - d) Wall and roof
 - e) Walls, floor and roof across construction, control and

expansion joints

 f) Walls, floor and roof and utility, pipe and penetrations

Performance Verification

- Demonstrate performance of the continuous air barrier for the opaque building envelope by the following tests:
- (a) Test the completed building and demonstrate that the air leakage rate of the building envelope does not exceed 0.25 cfm/ft2 at a pressure differential of 0.3" w.g.(75 Pa) in accordance with ASTM E-779 (2003) and E-1827-96 (2002).

(b) Test the completed building using Infrared Thermography testing. Use infrared cameras with a resolution of 0.1deg C or better. Perform testing on the building envelope in accordance with ISO 6781:1983 and ASTM C1060-90(1997).



Integrated Design Approach

DesignConstructionTesting

Design

Continuous Air Barrier

Construction

Testing

Common Design Omissions

- Air barrier limits and area not on drawings
- Properly locating the air barrier limits
- Insufficient information in specifications or drawings
- Critical detailing areas
- Missing & impractical details

Use Actual Boundaries... Elevation View


Use Actual Boundaries... Plan View



Specifications



Consistency Between Specs & Drawings

2.3 SELF-ADHERING SHEET AIR BARRIER (DRAWING DESIGNATION – AIR BARRIER)

A. Modified Bituminous Sheet: 40-mil- thick, self-adhering sheet consisting of 36 mils of rubberized asphalt laminated to a 4-mil- thick, cross-laminated polyethylene film with release liner on adhesive side and formulated for application with primer that complies with VOC limits indicated.

SECTIO	N 072500 - WEATHER BARRIERS	
PART 1	- GENERAL	
1.1	SUMMARY	
А.	Section Includes: 1. Building wrap.	
B.	2. Flexible flashing. Related Requirements:	
	 Section 061600 "Sheathing" for sheathing joint and penetration treatment. Section 072713 "Modified Bituminous Sheet Air Barriers" for sheet air barrier. 	

Consistency with Details





Details



Key Design Areas

- Floor Slab & Foundation / Exterior Wall Interface
- Wall / Roof Interface
- At Changes In Substrate Material / Construction
- Window, Louver and Door Perimeters
- Penetrations through the
 - **Building Envelope**
- Control and Expansion Joints
- Relieving Angle / Wall Interface



Controlling Moisture in Commercial Buildings

HVAC

THE MOISTURE PROBLEM

- Highest enthalpy occurs at peak dew point..
 NOT peak dry bulb.. Charleston extreme DB w/
 MCWB (1.0%) 92.1db/77.6wb, 120 gr/lb,
 72.3dp
- ASHRAE 2009 Fundamentals lists extreme DP with MCDB.... Charleston (1.0%)
 77.5db/77.5dp (144 gr/lb) (83.3wb)

...poor performance at part load!!

TYPES OF MOISTURE PROBLEMS



VAV AIR CONDITIONING Full Load





VAV AIR CONDITIONING Part Load





OA Pre Treatment with Post Cooling

Full Load





OA Pre Treatment with Post Cooling

Part Load





OA Pre Treatment with Post Cooling

Part Load – reset DX





Ventilation - If it's not dried... you're in trouble





Comfort - Keep the dew point under control, and comfort happens at warmer, more energyefficient temperatures

Design Considerations

- It's a system... not just a unit
 - The habitable space is a plenum
 - Uncontrolled air flow ASHRAE Journal
- Don't operate in a vacuum... it's a team effort... Use integrated design approach and solutions
- Sequence of operation
- Control outside air at the source
- Control condensation

SUMMARY

RISK MITIGATION

Architectural

- Effective flashing around all penetrations
- Pan flashing under windows and doors
- Drain water away from the building using effective drainage planes
- Continuously sealed water & air barrier

RISK MITIGATION

Mechanical

- Design dehumidification for peak outdoor dew point
- All ventilation air dried to below building dew point
- Control building dew point during unoccupied hours
- Control ductwork air leakage

ASHRAE Standards and Publications

Humidity Control Design Guide

For Commercial and Institutional Buildings American Society of Heating, Refrigerating and Air-Conditioning Engineers, Inc.

Humidity Control Design Guide

for Commercial and Institutional Buildings

Lew Harriman Geoff Brundrett Reinhold Kittler

ASHRAE Standards and Publications



ASHRAE Standards and Publications

ASHRAE Handbooks



Reference Publications

Water in Buildings; An Architect's Guide to

Moisture and Mold: William Rose, Ph.D, FAIA, FASHRAE

- Building Science for Building Enclosures: John Straube, Ph.D, P.Eng, & Eric Burnett, Ph.D., P.Eng
- Builder's Guide to Hot Humid Climates: Joseph Lstiburek; Ph.D, P.Eng, FASHRAE
- Recognition, Evaluation, and Control of Indoor Mold: American Industrial Hygiene Association
- The JLC Guide to Moisture Control: Journal of Light Construction

A